

Conference Day 1: 9 Jan 2014 (Thursday) 08:30 – 17:00 <Wei Hing Theatre>

Time	Program	Guests/ Speakers/ Title of Presentation
08:30	Registration	
Opening Ceremony		
09:00	Welcome Remarks (1)	Prof. Xiaowei ZANG <i>Dean, College of Liberal Arts and Social Sciences, City University of Hong Kong</i>
09:05	Welcome Remarks (2)	Dr. Alice T. K. YUK, JP <i>Chairman, United Christian Nethersole Community Health Service Management Committee</i>
09:10	Opening Address	<u>Guest of Honor</u> Prof. Sophia S. C. CHAN, JP <i>Under Secretary for Food and Health, The Government of the Hong Kong Special Administrative Region</i>
09:20	Presentation of Souvenirs & Photo-taking	(1) Presentation of Souvenir to Guest of Honor (by Prof. Xiaowei Zang) (2) Presentation of Souvenirs to Keynote Speakers (by Dr. Alice Yuk) (3) Photo-taking (Guests, Keynote Speakers, Organizing Committee)
Keynote Speech (Moderator: Prof. Samuel Ho)		
09:25	Keynote Speech	Dr. Robert BISWAS-DIENER <i>Managing Director, Positive Acorn LLC (USA)</i> “Strengths Coaching and Learning from Mistakes: Recent Developments and Applications of Positive Psychology”
10:30	Coffee Break	
Plenary Session: Applied Positive Psychology in the Workplace (Moderator: Dr. G.C. Yiu)		
10:50	Plenary Presentation (1)	Prof. Samuel M. Y. HO <i>Associate Head, Department of Applied Social Studies The City University of Hong Kong (Hong Kong)</i> “Building Resilience through Positive Psychology for Healthcare Workers”
11:20	Plenary Presentation (2)	Dr. Rico K. Y. LIU <i>Consultant (Oncology) & Deputy Hospital Chief Executive, Queen Mary Hospital (Hong Kong)</i> “Creating Positive Workplace – The Experience of a Psychological Staff Support Service”
11:50	Plenary Presentation (3)	Ms. Rainbow K. H. CHEUNG, JP <i>General Manager, Employee Development Service, Hong Kong Christian Service (Hong Kong)</i> “Energizing and Transforming Organizations through Positive Organizational Initiatives”
12:20	Discussions / Q & A	
12:30	Lunch	
Symposiums (parallel sessions)		
Symposium I: Applied Positive Psychology in the Workplace (Moderator: Prof. Samuel Ho) <i>Venue: LT-401, 4/F, Amenities Building</i>		
14:00	SI – Presentation (1)	Dr. Robert BISWAS-DIENER <i>Managing Director, Positive Acorn LLC (USA)</i> “Ruby Receptionists: A Case Study of Applied Positive Psychology in the Workplace”
14:35	SI – Presentation (2)	Ms. Sulynn CHOONG <i>Founder & Chief Engagement Officer, Asian Center for Applied Positive Psychology (Malaysia)</i> “Positive Psychology at Work – Changing as We Go”
15:10	SI – Presentation (3)	Ms. Ingrid W. F. MAK <i>Senior Police Clinical Psychologist, Hong Kong Police Force (Hong Kong)</i> “Promoting Positive Psychology in Law Enforcement Setting: Experience of Hong Kong Police Force”
15:45	SI – Presentation (4)	Ms. Wacy W. S. LUI <i>Clinical Psychologist, Oasis – Centre for Personal Growth & Crisis Intervention, Corporate Clinical Psychological Service, Hospital Authority (Hong Kong)</i> “Mindfulness-based Training on Stress, Mood and Anger Management: Benefits for Health Care Professionals”

16:20	SI – Presentation (5)	<p>Dr. Siu-man NG <i>Assistant Professor, Department of Social Work & Social Administration, The University of Hong Kong (Hong Kong)</i> “Strategic Approach for Promoting Retirement Preparation – Innovative Use of Active Interest Development and Senior Mentorship”</p>
16:55		Q & A
17:00	End of Symposium I (End of Conference Day 1)	
Symposium II: Applied Positive Psychology in Education (Moderator: Mr. Brian Lee) <i>Venue: Tin Ka Ping Lecture Theatre (LT-1), 4/F, Academic 1</i>		
14:00	SII – Presentation (1)	<p>Mr. Joseph W. C. WONG <i>Centre-in-charge, Wan Tsui Early Education and Training Centre, Hong Kong Christian Service (Hong Kong)</i> Ms. Ida W. S. YIP <i>Coordinator, Infant Stimulation and Parent Effectiveness Training Service, Hong Kong Christian Service (Hong Kong)</i> “Let’s Focus on Strength: The Impact of a Character Strengths-based Intervention on the Stress Level and Parenting Sense of Competence among Parents of Children with Disabilities in Hong Kong”</p>
14:35	SII – Presentation (2)	<p>Dr. Sylvia Y. C. KWOK LAI <i>Associate Professor, Department of Applied Social Studies, City University of Hong Kong (Hong Kong)</i> “Application of Positive Psychology to Promote Whole Child Development in Pre-primary Education”</p>
15:10	SII – Presentation (3)	<p>Ms. Myra E. CHIU <i>Centre-in-charge, Family Health Education and Counselling Centre, Yang Memorial Methodist Social Service (Hong Kong)</i> Mr. Theodore C. K. CHEUNG <i>Registered Clinical Psychologist, Learning Support & Development Centre, Yang Memorial Methodist Social Service (Hong Kong)</i> “The Flourishing Students: Measuring the Well-being at School and Individual Levels by the Modified Cambridge Flourishing Scale and Implication on Intervention for Students with Anxiety Problems”</p>
15:45	SII – Presentation (4)	<p>Dr. Sandra K. M. TSANG, JP <i>Associate Professor, Department of Social Work and Social Administration, The University of Hong Kong (Hong Kong)</i> “Positive Psychology and Pre-school Parent Education: Evidence-based Applications in Hong Kong”</p>
16:20	SII – Presentation (5)	<p>Mr. Jac Y. F. WEI <i>Educational Psychologist, Education Division, Tung Wah Group of Hospitals (Hong Kong)</i> Ms. Iris H. Y. KUNG <i>Registered Social Worker, Education Division, Tung Wah Group of Hospitals (Hong Kong)</i> “A Non-randomized Controlled Pilot Study on the Effectiveness of a Positive Education Curriculum in Building Flourishing in Secondary School Student”</p>
16:55		Q & A
17:00	End of Symposium II (End of Conference Day 1)	
Symposium III: Applied Positive Psychology in Health & Well-being (Moderator: Dr. Rosalie Lo) <i>Venue: Mr & Mrs David T F Chow Lecture Theatre (LT-4), 4/F, Academic 1</i>		
14:00	SIII – Presentation (1)	<p>Ms. Sania S. W. YAU <i>Chief Executive Officer, New Life Psychiatric Rehabilitation Association (Hong Kong)</i> Ms. Candy Y. M. LING <i>Clinical Psychologist, New Life Psychiatric Rehabilitation Association (Hong Kong)</i> Ms. Gladys T. Y. YEUNG <i>Clinical Psychologist, New Life Psychiatric Rehabilitation Association (Hong Kong)</i> “The Application of Positive Psychiatry and Recovery Model in Community Mental Health Services in Hong Kong: an Exploration in Integrating the Two Models”</p>

14:35	SIII – Presentation (2)	<p>Ms. Ada N. Y. YUEN <i>Senior Counsellor (Registered Clinical Psychologist), City University of Hong Kong (Hong Kong)</i> “Hope, Rumination and Psychological Adjustment among Childhood Cancer Patients and Survivors”</p>
15:10	SIII – Presentation (3)	<p>Ms. Vivian W. M. MAK <i>Clinical Psychologist, Correctional Services Department, The Government of the Hong Kong Special Administrative Region (Hong Kong)</i> “Development of a Psychological Gymnasium (Psy Gym) for Female Offenders in Hong Kong: A Combined Treatment Approach with CBT and PPT”</p>
15:45	SIII – Presentation (4)	<p>Mr. Wenjie DUAN <i>PhD Candidate, Department of Applied Social Studies, City University of Hong Kong (Hong Kong)</i> “The Application and Factor Structure of Character Strengths among Chinese”</p>
16:20	SIII – Presentation (5)	<p>Dr. Anthony K. K. TONG <i>Founder & Chairman, United Centre of Emotional Health and Positive Living, United Christian Nethersole Community Health Service & Clinical Psychologist, Kowloon East Cluster, Hospital Authority (Hong Kong)</i> “Integrating the Positive with the Negative: An Expanded Version of Positive Psychology and its Implications for Mental Health and Clinical Practice”</p>
16:55		Q & A
17:00	End of Symposium III (End of Conference Day 1)	

Conference Day 2: 10 Jan 2014 (Friday) 08:45 – 17:00 <Wei Hing Theatre>

Time	Program	Speakers/ Title of Presentation
08:45	Registration (Wei Hing Theatre)	
Keynote Speech (Moderator: Prof. Samuel Ho)		
09:15	Keynote Speech	Prof. Jennifer T. PEDROTTI <i>Professor, Department of Psychology and Child Development, California Polytechnic State University (USA)</i> “Shifting the Lens: Including Culture in Discussions of Positive Psychology”
10:20	Coffee Break	
Plenary Session: Recent Developments of Positive Psychology in the Asia-Pacific Region (Moderator: Dr. Sandra Tsang)		
10:40	Plenary Presentation (1)	Prof. Zhanbiao SHI <i>Director, Center of Mental Health Promotion, Institute of Psychology, Chinese Academy of Sciences (Mainland China)</i> “Practical Application of Positive Psychology in China – Mental health Services to EAP, Disaster Assistance and Civil Servants”
11:10	Plenary Presentation (2)	Mr. Shih-ming SHIH <i>Clinical Psychotherapist, Department of Palliative Medicine, Koo Foundation Sun Yat-Sen Cancer Center (Taiwan)</i> “The Experiences of Applying a Psycho-spiritual Transformation Model in the End-of-life Psychological Care: Exploring Positive Perspectives from Ego to Authentic Self and Non-self”
11:40	Plenary Presentation (3)	Prof. Fumin FAN <i>Associate Head, Department of Psychology, Tsinghua University (Mainland China)</i> “Current Situation, Application and Trend of Positive Psychology in Mainland China (積極心理學在中國大陸的現狀、應用及發展趨勢)” <i>(with on-stage translation, Mandarin – English)</i>
12:15	Discussions / Q & A	
12:30	Lunch	
Symposiums (parallel sessions)		
Symposium I: Applied Positive Psychology in Family (Moderator: Dr. Anthony Tong) <i>Venue: LT-401, 4/F, Amenities Building</i>		
14:00	SI – Presentation (1)	Ms. Kitty Y. K. HEUNG <i>Supervisor, Tuen Mun Integrated Services Centre and Lui Wing Cheung Children Centre, Tung Wah Group of Hospitals (Hong Kong)</i> “New initiatives in Parent Education: the Effectiveness of Healthy Start Home Visit Program”
14:35	SI – Presentation (2)	Prof. Cynthia M. LEUNG <i>Professor, Department of Applied Social Sciences, The Hong Kong Polytechnic University (Hong Kong)</i> “The Development and Evaluation of the Grandparent Triple P with Hong Kong Chinese Families”
15:10	SI – Presentation (3)	Prof. Tai-hing LAM, BBS, JP <i>Chair Professor, School of Public Health, The University of Hong Kong (Hong Kong)</i> “Evidence-based and Evidence Generating Positive Psychology Community-based Participatory Research to Promote Family Health, Happiness and Harmony: The Hong Kong FAMILY Project”
15:45	SI – Presentation (4)	Dr. Anna N. N. HUI <i>Assistant Professor, Department of Applied Social Studies, City University of Hong Kong (Hong Kong)</i> “Positive Behavior Support in Family and Children's Faith Development: A Case Sharing of AWANA Program in a Protestant Church”
16:20	SI – Presentation (5)	Mr. Man-yiu TSANG <i>Senior Project Assistant, The Everbright Project, Caritas Family Crisis Support Centre (Hong Kong)</i> “Applying Positive Psychology Concept in Parent-Child Parallel Group”
16:55	Q & A	
17:00	End of Symposium I (End of Conference Day 2)	

Symposium II: Applied Positive Psychology in Education (Moderator: Mr. Brian Lee) <i>Venue: Tin Ka Ping Lecture Theatre (LT-1), 4/F, Academic 1</i>		
14:00	SII – Presentation (1)	Mrs. Ching-chuen LU CHAN <i>Honorary President, Youth Outreach (Hong Kong)</i> “Applying Positive Psychology in Working with Youth”
14:35	SII – Presentation (2)	Dr. Paul W. C. WONG <i>Assistant Professor, Department of Social Work and Social Administration, The University of Hong Kong (Hong Kong)</i> “An evaluation study of a universal Internet-based mental health enhancement programme with cognitive-behavioural and positive psychology strategies for adolescents with parental involvement in Hong Kong”
15:10	SII – Presentation (3)	Dr. Annis L. C. FUNG <i>Associate Professor, Department of Applied Social Studies, City University of Hong Kong (Hong Kong)</i> “Reducing Depression and Anxiety among Youth Victims of School Bullying through the Positive Emotions and Strength-based Enhancement Program in Hong Kong: A One-year Longitudinal Study”
15:45	SII – Presentation (4)	Ms. Christine W. Y. MAK <i>Senior Counsellor (Clinical Psychologist), Department of Applied Social Studies, City University of Hong Kong (Hong Kong)</i> Dr. Dannii Y. L. YEUNG <i>Associate Professor, Department of Applied Social Studies, City University of Hong Kong (Hong Kong)</i> “Hope, Virtues and Wellbeing are Essential Components of School Education”
16:20	SII – Presentation (5)	Dr. Tak-yan LEE <i>Associate Professor and Assistant Head, Department of Applied Social Studies, City University of Hong Kong (Hong Kong)</i> “What We Have Learned After Implementing the Project P.A.T.H.S. in Hong Kong for Seven Years: A Summary”
16:55		Q & A
17:00 End of Symposium II (End of Conference Day 2)		
Symposium III: Applied Positive Psychology and Expressive Arts (Moderator: Ms. Carol Yew) <i>Venue: Mr & Mrs David T F Chow Lecture Theatre (LT-4) 4/F, Academic 1</i>		
14:00	SIII – Presentation (1)	Dr. Jordan S. POTASH <i>Lecturer, Centre on Behavioral Health, The University of Hong Kong (Hong Kong)</i> “Acknowledging the Happiness, Accepting the Pain: Stories from Art Therapy”
14:35	SIII – Presentation (2)	Ms. Fiona M. Y. CHANG <i>PhD Student, Department of Social Work, The Chinese University of Hong Kong (Hong Kong)</i> “Positive View of Negativity in Expressive Arts Therapy”
Parallel Experiential Workshops (Pre-registration is necessary)		
15:10	SIII – Experiential Workshop (A) <i>Venue: B5-211</i>	Ms. Josephine Y. Y. CHENG <i>Service Coordinator, Cancer Centre, Queen Mary Hospital (Hong Kong)</i> “Cultivate our Seeds of Happiness through Mindfulness Based Expressive Arts Practice”
15:10	SIII – Experiential Workshop (B) <i>Venue: B5-311</i>	Ms. Carol W. S. YEW <i>Service Manager (Clinical Psychologist), United Centre of Emotional Health and Positive Living, United Christian Nethersole Community Health Service (Hong Kong)</i> Ms. Meko P. W. NG <i>Team Leader (Social Worker), Tung Wah Group of Hospitals CEASE Crisis Centre (Hong Kong)</i> “Dancing with My Character Strengths: A Creative Connection® Experience”
17:00 End of Symposium III (End of Conference Day 2)		

*(For quick & easy reference)***Conference Day 1: 9 Jan 2014 (Thursday) – Wei Hing Theatre, City University of Hong Kong**

TIME	PROGRAM RUNDOWN		
08:30	<i>Registration (Morning Session) at Wei Hing Theatre</i>		
09:00	Opening Ceremony		
09:25	Keynote Speech		
10:30	<i>Coffee Break</i>		
10:50	Plenary Session		
12:30	<i>Lunch</i>		
13:30	<i>Registration (Afternoon Session) at venues shown below</i>		
14:00	Symposium I <PP in Workplace>	Symposium II <PP in Education>	Symposium III <PP in Health & Well-being>
	LT-401 [4/F, Amenities Building]	Tin Ka Ping Lecture Theatre [4/F, Academic 1]	Mr & Mrs David T F Chow Lecture Theatre [4/F, Academic 1]
17:00	End of Conference Day 1		

Conference Day 2: 10 Jan 2014 (Friday) – Wei Hing Theatre, City University of Hong Kong

TIME	PROGRAM RUNDOWN		
08:45	<i>Registration (Morning Session) at Wei Hing Theatre</i>		
09:15	Keynote Speech		
10:20	<i>Coffee Break</i>		
11:40	Plenary Session		
12:30	<i>Lunch</i>		
13:30	<i>Registration (Afternoon Session) at venues shown below</i>		
14:00	Symposium I <PP in Family> LT-401 [4/F, Amenities Building]	Symposium II <PP in Education> Tin Ka Ping Lecture Theatre [4/F, Academic 1]	Symposium III <PP & Expressive Arts>
			14:00 Mr & Mrs David T F Chow Lecture Theatre [4/F, Academic 1]
			15:10 Workshop (A) Classroom B5-211 [5/F, Academic 1] Workshop (B) Classroom B5-311 [5/F, Academic 1] <i>(Pre-registration is necessary for joining the Workshops)</i>
17:00	End of Conference Day 2		